



Provided by the University of Virginia School of Medicine and School of Nursing

# DEPARTMENT OF NEUROLOGY PRESENTS THE 12<sup>TH</sup> VIRGINIA REGIONAL MOVEMENT DISORDERS SYMPOSIUM



**SATURDAY, OCTOBER 25, 2025**

## LOCATION

**UVA Student Health and Wellness**  
550 Brandon Ave, Charlottesville

## COURSE DIRECTORS

**Renzo Figari Jordan, MD**

## KEYNOTE SPEAKER

**Indira Subramanian, MD**  
Director, Southwest PADRECC VA  
Director, Movement Disorders Clinic WLA VA  
Clinical Professor of Neurology, UCLA



## PROGRAM OVERVIEW

The symposium will provide formal didactic review of recent research advances and evidence from clinical trials in movement disorders that are changing practice. Advances in motor and non-motor symptoms have substantial implications for diagnosing and treating Parkinson disease and related disorders of movement and motor control. Case discussions will highlight diagnostic features of movement disorders and practical strategies for treatment. Neurologists, neurosurgeons, neuropsychologists, and movement disorders team members including PAs, NPs, nurses, therapists, residents, fellows, and other trainees are welcome to attend.

## LEARNING OUTCOMES

- ◆ Describe and interpret clinical findings of patients with movement disorders through the review of video cases.
- ◆ Outline at least two speech therapy techniques or strategies recommended by speech-language pathologists for managing dysarthria and dysphagia in patients with cerebellar ataxia.
- ◆ Summarize recent advances in the diagnosis and classification of genetic ataxias, including at least two newly identified genetic subtypes or biomarkers.
- ◆ Describe at least three evidence-based integrative medicine approaches used in Parkinson's disease and explain their potential role in symptom management and patient quality of life.
- ◆ Identify at least three key changes in the updated Restless Legs Syndrome (RLS) guidelines and apply them to hypothetical patient scenarios.
- ◆ Differentiate among common neuropsychiatric symptoms in Parkinson's disease, including depression, anxiety, and psychosis, and list at least two current treatment approaches.
- ◆ Compare at least two new DBS platforms or programming strategies and discuss their implications for clinical decision-making.
- ◆ Describe the key components of a multidisciplinary DBS pre-surgical evaluation and list at least three criteria used to determine patient eligibility.

## AGENDA

<b>7:00-7:55am</b>	Breakfast (provided) and Exhibits
<b>7:55-8:00</b>	Welcome and Program Overview Renzo Figari Jordan, MD (Moderator)
<b>8:00-8:45</b>	Update on Genetic Ataxias Renzo Figari Jordan, MD
<b>8:45-9:30</b>	SLP in Cerebellar Disorders Renee S Bricker, MS
<b>9:30-9:45</b>	Panel for Ataxias Renzo Figari Jordan, MD, Diane Huss, DPT, NCS, CBFPS Alexander King, NP, Renee S Bricker, MS
<b>9:45-10:05</b>	Refreshment break / Exhibits
<b>10:05-10:35</b>	AI for DBS Programming Philip Lee, MD
<b>10:35-11:05</b>	OFF/ON Evaluation: The UVA Model Diane Huss, DPT, NCS, CBFPS, Alexander King, NP
<b>11:05-11:15</b>	Panel for Surgical Interventions Diane Huss, DPT, NCS, CBFPS Alexander King, NP Philip Lee, MD
<b>11:15-12:15pm</b>	<b>KEYNOTE:</b> <b>"Wellness in Parkinson's Disease"</b> Indira Subramanian, MD
<b>12:15-1:15</b>	Lunch (provided) and Exhibits
<b>1:15-2:00</b>	New Guidelines for RLS Elias G Karroum, MD PhD
<b>2:00-2:45</b>	Neuropsychiatric Problems in PD Helen L Dainton-Howard, MD
<b>2:45-3:00</b>	Panel for Sleep and Non-Motor Symptoms Diane Huss, DPT, NCS, CBFPS Alexander King, NP Elias G Karroum, MD PhD Helen L Dainton-Howard, MD
<b>3:00-4:00</b>	Video Cases Renzo Figari Jordan, MD (Moderator)

## ACCREDITATIONS



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## CONTACT INFO

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## REGISTER ONLINE AT [www.cmevillage.com](http://www.cmevillage.com)

Registration allows access to the live or livestreamed conference.

Online registration will close at midnight on October 19, 2025.

Course syllabus will be available online the week of the conference until 30 days after the conference.

**REGISTER HERE**

*PLEASE NOTE: Policies on cancellation, payment methods and accommodation requests can be found on our website under FAQs. Questions? Please contact [uvacme@virginia.edu](mailto:uvacme@virginia.edu) or 434-924-5310.*

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Other HCPs .....	\$60
Industry .....	\$100
Trainees (w/documentation) FREE	

## LODGING AND PARKING

Please book on your own or contact the program manager (below) for information on room blocks. Free parking is available in the lot below the Student Health building for the duration of the symposium.

## INVITED GUEST FACULTY

### Indira Subramanian, MD

Director, Southwest PADRECC VA  
Director, Movement Disorders Clinic WLA VA  
Clinical Professor of Neurology, UCLA

### UVA FACULTY

(\*indicates planning committee)

### Helen L Dainton-Howard, MD

**Renzo Figari Jordan, MD\* - Course Director**  
Associate Professor of Neurology, Course Director

### Renee S Bricker, MS, CCC-SLP

### Diane Huss, PT, DPT, NCS, CBFPS\*

Physical Therapist, UVA Parkinson's Disease and Movement Disorders Clinic

### Elias G Karroum, MD, PhD

### Alex King, MSN BSN NP-C\*

UVA Parkinson's Disease and Movement Disorders Clinic

### Philip Lee, MD

### Elizabeth Patterson, MEd\*

School of Medicine, Office of CME

